

2026

COACH-IN-A-BOX

JUNIORS VERSION

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HOW TO USE THIS GUIDE

The Coach-in-a-Box study system blends the essential aspects that make for an effective study program in Bible Quizzing with the elements of a devotional. The quizzer won't just be memorizing. They'll be digging deeper into the meaning of the verses they're learning, praying the Word, and learning how to apply what they've learned to their own walk with God.

This section provides an overview for how to use this tool, including the contents of the guide and how to use it in study.

Let's take a quick tour of the tool.

INTRODUCTIONS

Introductions set the stage for what you are about to study. The general introduction at the beginning of the guide provides a brief overview of the material and the theme for the year. Each chapter or section opens with an introduction that summarizes the primary context of the chapter or section and the key takeaways from the verses you are about to learn.

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INTRODUCTION



Why do kids love fairy tales so much? There are many reasons this is true, but here are just a few:

- These stories often tell of good triumphing over evil.

 They teach lessons in such things as honesty, humility
- They are filled with enchanted lands and wonder for a kid to escape into and forget about their troubles.

Maybe the best reason comes from the writer G. K. Chesterton w said, "Fairy tales do not tell children dragons exist. Fairy children the dragons can be killed."

The Bible refers to the enemy of our soul as a dragon. We need a King who rides in on His white horse to slay the foul beast, and free His people from the dragon's lies and misdeeds.

Like the best of any grand story where good defeats evil, we need a King and a kingdom. Unlike fair tales, however, our King is true, and His kingdom is more majestic than anything we can read about from centuries of storytelling.

Let me introduce you to King Jesus. He is the one true and living God. He has set up a kingdom that is not of this earth. It will remain long after this earth has passed. He has left us a book where we can learn of Him and His ways, which we call the Bible.

Even though mankind whom God created has failed Him, this King offers us full pardon from sin through salvation. Let's relearn an old story that is still as alive and fresh as it was when King Jesus walked on

Through what we call the doctrine - which is our set of beliefs - we find these trut

- God's word is true and never fails.
 There is one God and King, and His name is Jesus Christ.
 Though we have failed Him, He offers a way of escape a King's pardon, if you will.
 He teaches us how to serve Him and His Kingdom.

Fairy tales are fun, but they only satisfy for a moment. What you are about to learn satisfies the heart of

Welcome to the Majestic Kingdom, a world of "happily ever after." **GENERAL INTRODUCTION**

Section 1: The Bible

THE KINGDOM CHRONICLES

SECTION	DAYS	TITLE
Part A	1-3	God Himself is the Author of the Bible
Part B	4-6	Written by Men with God's Help
Part C	7-10	The Bible Has No Mistakes
Part D	11-12	God's Word is Food for Our Soul
Part E	13-15	We Love God's Word

ome of our most loved fairy tales told today were not made up from the likes of Disney, Warner Bros, or 20th Century Fox. They were written centuries ago by such authors as the Brothers Grimm. Charles Perrault, Hans Christian Anderson, and even William Shakespeare. Many of the stories that we know today were inspired by their earlier works.

Did you know the Bible was inspired too? Paul said, "All scripture is given by inspiration of God." God used nearly 40 authors over a 1,500-year timespan to write the 66 books of the Bible.

Yet, even with that many different people over that amount of time, the Bible is without mistake. Though written in ancient times, it still feeds our souls. We love God's word. It is a timeless account of God's love for people. It is a letter straight from the heart of the King. We shall call it The Kingdom Chronicles.

SECTION INTRODUCTION

STUDY MODULES

The Study Modules are broken out by days and identify the work to be done in the areas of memorization and review. Plus, each day has its own devotion, Life Lesson, and Prayer. These devotions are designed to draw out a key point from one or more of the verses that will be memorized that day. There are 100 Study Modules with two (2) to four (4) memory verses per day.

Let's look at the elements of the Daily Study Modules:

SECTION TITLE

SUBSECTION NO. & TITLE

DAY NO. & DEVOTION TITLE MEMORIZATION VERSES

between 2-4 verses per day.

REVIEW – In Order (two days prior) & **Mixed** with verse cards.

DEVOTION

short lesson from memory verses.

PRAYER PROMPT



Bav 47

Warning Labels

I tell you, Nay: but, except ye repent, ye shall all likewise perish

Then Peter said unto them, Repent, and be baptized every one of you in the name of Jesus Christ for the remission of sins, and ye shall receive the gift of the Holy Ghost.

Repent ye therefore, and be converted, that your sins may be blotted out, when the times of refreshing shall come from the presence of the Lord,

And the times of this ignorance God winked at; but now commandeth all men every where to repent:

There are some funny warning labels on certain items you buy in the store. They'll make you wonder what must have happened for them to put them on in the first place. Here are a few that will have you scratching your head:

- A label on peanut butter reads, "Warning: contains peanuts." Well, duh! It's peanut butter. It's literally in the name
- A label on a clothes washer reads, "Warning: High speed spins. Do not put a person in this washer." Did someone actually think it was an amusement park ride at one point?
- A label on an iron-on patch states, "Do not iron while wearing shirt." Ouch!
- And finally, "Danger: Do not hold the wrong end of a chain saw." Good advice, if you want to keep all your fingers.

All kidding aside, there are warnings in the Bible that we must heed. One such example is that unless we repent, we will perish. The Bible could not be clearer on this point.

To make heaven our home, we must turn away from a life of sin and follow Jesus. That's one warning hat's worth emphasizing

Prayer

Jesus, help me be quick to repent when I sin against You.

REVIEW FOLLOWING MEMORIZATION

These objectives will guide your review until you are working entirely from verse cards.

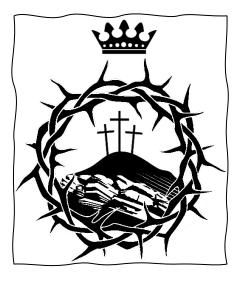
OPTIONAL REVIEW EXERCISES

These exercises aid recall and increase confidence in responding to specific types of questions.

DISCIPLINES OF STUDY

This section provides effective study tips in the areas of Memorization, Review, and study Planning.

INTRODUCTION



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- They teach lessons in such things as honesty, humility, and overcoming hardships.
- They are filled with enchanted lands and wonder for a kid to escape into and forget about their troubles.

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Through what we call the doctrine – which is our set of beliefs – we find these truths:

- God's word is true and never fails.
- There is one God and King, and His name is Jesus Christ.
- Though we have failed Him, He offers a way of escape a King's pardon, if you will.
- He teaches us how to serve Him and His Kingdom.

Fairy tales are fun, but they only satisfy for a moment. What you are about to learn satisfies the heart of the believer now and forevermore.

Welcome to the Majestic Kingdom, a world of "happily ever after."

Section 1: The Bible

THE KINGDOM CHRONICLES

SECTION	DAYS	TITLE	
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Part A: God Himself is the Author of the Bible

Day 1

The Perfect Book

Exodus 24:12

And the LORD said unto Moses, Come up to me into the mount, and be there: and I will give thee tables of stone, and a law, and commandments which I have written; that thou mayest teach them.

Deuteronomy 6:6

And these words, which I command thee this day, shall be in thine heart:

Deuteronomy 6:7

And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up.

REVIEW In Order: None

Mixed: None

Did you know that the Bible was written over the span of about 1,500 years? Moses was one of about 40 men God selected to write His holy scriptures. He wrote the first five books that we find in the Bible, which Jewish people call the Torah. These include Genesis, Exodus, Leviticus, Numbers, and Deuteronomy.

Despite all that time and that many writers, the Bible doesn't have any errors. Do you know why? God is the true Author of the Bible, and He does not make mistakes. He moved over these men by His Spirit and gave them the words to write.

This means that you can trust the Bible. It will never lead you wrong.

Prayer

Lord, thank You for the Bible. Help me to learn from it so I can live for You.



Part A: God Himself is the Author of the Bible

Day 2

Mind and Heart

Deuteronomy 6:8

And thou shalt bind them for a sign upon thine hand, and they shall be as frontlets between thine eyes. **Deuteronomy 6:9**

And thou shalt write them upon the posts of thy house, and on thy gates.

Psalms 19:7

The law of the LORD is perfect, converting the soul: the testimony of the LORD is sure, making wise the simple.

Psalms 19:8

The statutes of the LORD are right, rejoicing the heart: the commandment of the LORD is pure, enlightening the eyes.

REVIEW In Order: Day 1

Mixed: None

There is an old Jewish custom that still exists today. Jewish men and women strap little boxes called *tellifin* onto their foreheads and their arms. Inside these boxes are strips of paper with Bible verses which are meant to remind them that God delivers, He is one, and He helps people who obey Him.

This practice comes from Deuteronomy 6:8 which says to bind God's law in your mind (forehead) and in your hearts (arms close to their heart).

While as Christians we do not follow this custom, it is an important reminder that we should think on God's goodness everyday. This connects our mind and heart to God. We can read about His goodness in the Bible.

Prayer

Lord, Move You with all my heart, soul, mind, and strength.



Part A: God Himself is the Author of the Bible

May 3

Healthy Hearts

Psalms 19:9

The fear of the LORD is clean, enduring for ever: the judgments of the LORD are true and righteous altogether.

Psalms 19:10

More to be desired are they than gold, yea, than much fine gold: sweeter also than honey and the honeycomb.

Hebrews 4:12

For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

REVIEW In Order: Days 1-2

Mixed: None

There is a special class of doctors known as surgeons. These well-trained physicians perform medical procedures called surgeries. This is how a doctor can look inside a patient while they are in a deep sleep, and fix whatever has made them sick.

Hebrews 4:12 speaks of God's word in much the same way we speak about surgeons. God inspires words in many ways. These include the Bible, of course, but can also be from Spirit-filled preachers and teachers. His word performs spiritual surgery on our hearts. This is because sin and disobedience to God's commandments affect our heart. The ancient Jews believed that the heart was the center of a person's emotions, intellect, and intentions. It is what makes them who they are as a person.

When God's Spirit does surgery on our hearts, it may sting a little at times, but the message is meant to heal us and make us better.

Praper

God, please let Your word speak to my heart. Make my heart clean and right.



Part B: Written by Men with God's Help

May 4

Written Down

Exodus 34:27

And the LORD said unto Moses, Write thou these words: for after the tenor of these words I have made a covenant with thee and with Israel.

Isaiah 30:8

Now go, write it before them in a table, and note it in a book, that it may be for the time to come for ever and ever:

REVIEW In Order: Days 1-3

Mixed: None

In ancient times, information was passed down by word of mouth. If it was really important, it was written down, even though not everyone knew how to read and write. But God wanted to make sure His laws and commandments were clear for generations to come. The priests at that time took great care in making sure that no errors were made when copying down God's laws.

This came in handy long into Israel's history. They had fallen away from God for so long that even His written word had been stored away and forgotten. In the Bible, we read about a young king named Josiah. He loved God so much that he commanded the high priest to repair the temple of God. In doing so, the priest found the Book of the Law written by Moses.

When the priest read it to him, King Josiah became so saddened because it was clear that the people of Judah were not following God's law. Had it not been written down, Josiah might not have known how to help turn his people back to God.

It is a privilege to have God's word written in a book that we can go back to time and time again.

Prayer

God, please write Your word upon my heart.



Part B: Written by Men with God's Help

May 5

A New Spin on Perfection

Jeremiah 30:1

The word that came to Jeremiah from the LORD, saying,

Jeremiah 30:2

Thus speaketh the LORD God of Israel, saying, Write thee all the words that I have spoken unto thee in a book:

II Timothy 3:16

All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness:

II Timothy 3:17

That the man of God may be perfect, throughly furnished unto all good works.

REVIEW In Order: Days 3-4

Mixed: Days 1-2

Did you know that there is more than one meaning for perfection in the Bible? We learned in Psalms 19:7 that the law of the Lord is perfect. It has no errors.

In II Timothy 3:17, Scripture helps the man of God be perfect. Does that mean he makes no mistakes? Not exactly. While following God's law helps us make good decisions, this verse means something else. Perfect in this verse means to mature, or to grow up spiritually. We need to mature in our walk with God so He can use us to do His important work on Earth.

Let's use an example. Say you wanted to build a house. There are many parts to a house, and there are many skills that you would need to have to build one. By learning these skills, or bringing in people who have these skills to help you along, you are more likely to build something that is safe, and that you'd be proud to live in.

The Bible is the instruction guide for building a life that pleases God. You just need to spend time studying God's word to learn His ways and apply them to your life.

Prayer

God, I pray that Your word prepares me to do a work for You when I get older.



Part B: Written by Men with God's Help

Day 6

No Private Interpretations, Please

Hebrews 1:1

God, who at sundry times and in divers manners spake in time past unto the fathers by the prophets,

II Peter 1:20

Knowing this first, that no prophecy of the scripture is of any private interpretation.

II Peter 1:21

For the prophecy came not in old time by the will of man: but holy men of God spake as they were moved by the Holy Ghost.

REVIEW In Order: Days 4-5

Mixed: Days 1-3

Have you ever seen a sign that read, "Private Property"? That means that a piece of property or item already belongs to someone. It is not meant for public use, as is a city or a national park.

Now, let's consider what Peter might have meant when he said that interpretations about scripture are not meant to be private. Prophets in the Old Testament were God's voice to Israel. Unless they were wicked prophets, they could only speak the predictions and proclamations that God gave them.

Peter said that holy men of God spoke as they were moved on by the Holy Ghost. In other words, what these holy men said came straight from God. They did not come up with their own opinion of things. This is what Peter meant by private interpretation. It's not meant to be invented by man, but granted by God.

This was very important for prophets, so that others could trust that their instructions and warnings truly came from God. If it didn't come from Him, then they were making up things that were not true.

It matters that we get our Biblical teachings from people who are filled with the Holy Ghost, and spend time in God's presence, studying the Bible while preparing messages.

Prayer

Jesus, thank You for Godly leaders who have spent time understanding Your word.

REVIEW FOLLOWING MEMORIZATION

Day	In Order	Mixed
101	Days 99-100	Days 1-98
102	Day 100	Days 1-99
103	None	All Material

OPTIONAL REVIEW EXERCISES

These exercises can be incorporated into the daily study time, as appropriate, to help improve recall and to add variety to the study program.

- ▶ * Reverse Card Referencing: display the "verse side" of the verse card and have the quizzer provide the verse reference.
- ► <u>Time Quoting</u>: test a quizzer's speed in quoting a chapter (or chapters) or a set of specific verses in the order they were memorized. Record the time and try to beat it each day over the next couple of days.
- * <u>Unique Beginnings</u>: Using an alphabetical listing of verses, identify and quote scriptures with similar or identical beginnings. This is a great exercise for improving quotation completion and locate-type questions.
- * **Key words and phrases**: look for similar or identical words or phrases. Some quizzers develop flash cards of these to use in conjunction with their verse cards when studying. This helps with cross-reference questions.
- ▶ <u>Difficult Verses</u>: some quizzers need more time to get down certain verses. Set aside extra time to improve on trouble verses.

^{*} www.bqpowers.com offers resources in their product listings to support these exercises, and more. Please consult their website for information.

DISCIPLINES OF STUDY

Tips for an Effective Study Program

Bible Quiz Study 101

The amount of study required in Bible Quizzing is a big commitment. It takes time, consistency, and patience. However, there are some practical tips to help you become more effective during your study time. The following pages outline some fundamentals for developing Disciplines of Study in the areas of **memorization**, **review**, and **planning**.

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Review	Page 114
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